What can your member website do for you?

Aetna Resources for Living℠

Your member website is all about you and your everyday needs.

Access to the website is free for you and your household members. You'll find a wide array of articles, videos, live and on-demand webinars, assessments and more. Categories include:

Life and relationships	• School search • Child and eldercare provider searches	• Balancing work and family • Pets • Wellness assessments and resources
Mental health and addictions	• Depression • Suicide prevention	• Mental health awareness • Mental well-being terms
Career and workplace	• Grow your skills • Manager newsletter	• Manager videos • Critical incidents
Resource centers	• Stress • Crisis and disaster	• Self-improvement • Trauma, grief and loss

And check services and tools to learn more about your benefits and access our monthly newsletter, videos, webinars, awareness articles and more.

You have a world of information right at your fingertips. Log on today.

resourcesforliving.com
Username: Calexico
Password: EAP

Aetna Resources for Living℠ is the brand name used for products and services offered through the Aetna group of subsidiary companies (Aetna). The EAP is administered by Aetna Behavioral Health, LLC. and in California for Knox-Keene plans, Health and Human Resources Center, Inc.

All EAP calls are confidential, except as required by law. For more information about Aetna plans, refer to **aetna.com**.

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